



# Bulletin 1





## Organizer:

Gliwicki Klub Terenoznawczy **Cyrkino**  
within Oddział PTTK Ziemi Gliwickiej

cyrkino.gliwice.pttk.pl  
zawodyino@gmail.com



## Goals:

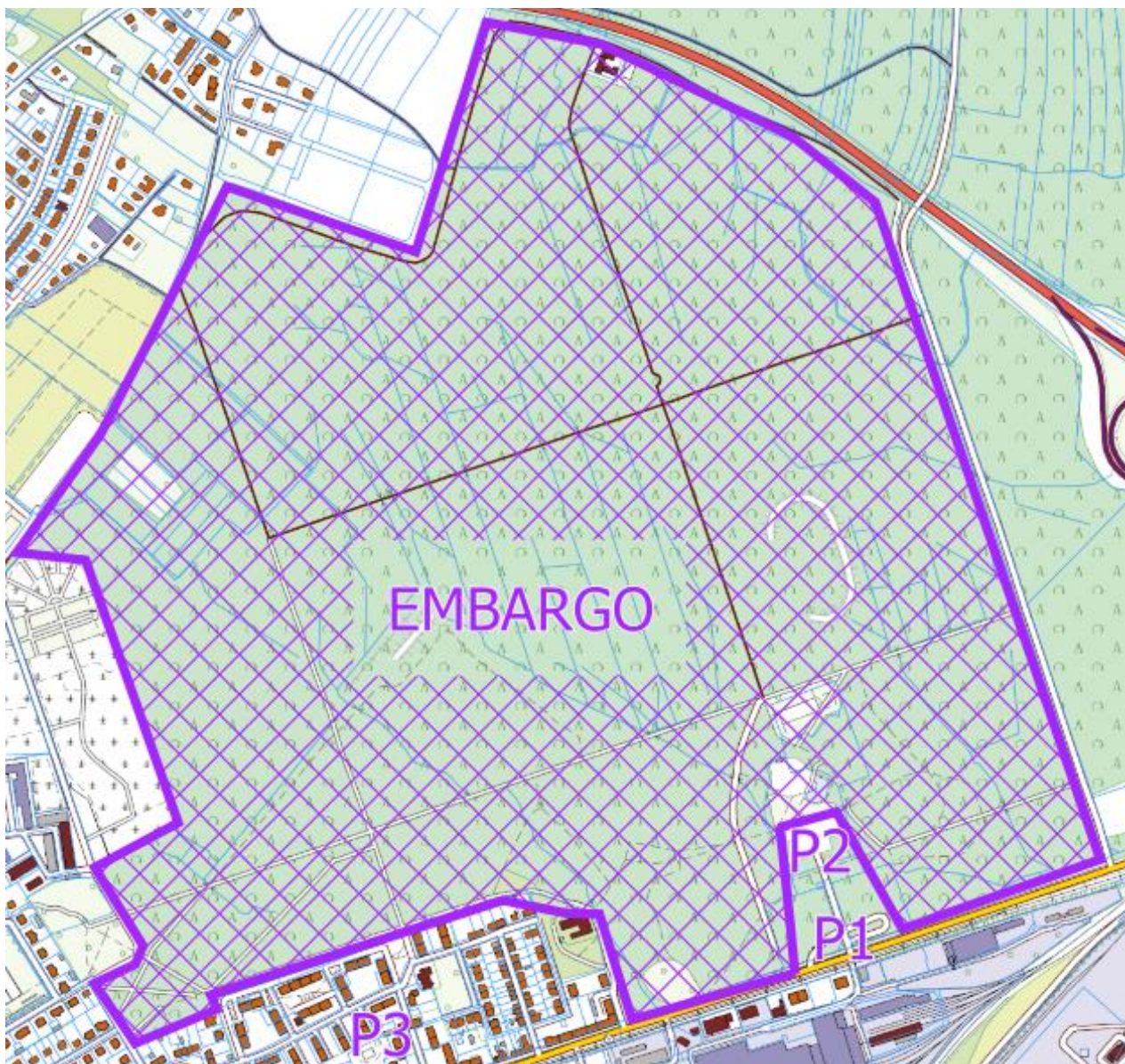
- ▣ Popularization of Touristic Orienteering and TrailO;
- ▣ Popularization of orienteering among people with disabilities;
- ▣ Promotion of the city among participants from outside Gliwice.

## Date and location:

**11th of November 2024** in Park Kultury i Wypoczynku / Las Żorek **in Gliwice.**

The Event Center will be located at the parking designated as P1.

Coordinates: **50°18'05.5"N 18°42'47.1"E**



## Transport:

We encourage the use of public transportation – there is a '**GLIWICE TĘŻNIA**' request stop located 70 meters from the event center. Buses from lines 6, 156, 250, 259, and 617 run from the 'Gliwice Centrum Przesiadkowe' (located near the train station) to this stop every 20 minutes. Due to the public holiday, please check the timetable in advance.

If arriving by car, there are two parking lots near the event center – P1 and P2. They are open to the public, so they may be full. Additional parking spaces can be found in the area, for example, in the housing estate marked as P3.

When accessing the event center, we kindly ask you to maintain fair play and not cross into the competition area or solve any tasks, even if control markers are visible from outside the embargoed zone.

## Organizing Team:

Event Director: Adam Gruca

Chief Arbiter: Agnieszka Ćmiel-Gruca

Course setters: Agnieszka Ćmiel-Gruca, Maria Drabek, Adam Gruca

Mappers: Agnieszka Ćmiel-Gruca, Adam Gruca

Staff: Marek Okuń, Andrzej Wysocki and others

## Entry and fees:

We are accepting registrations until **November 5, 2024**, at 11:59 PM via the form:

<https://forms.gle/PrseiDkDbt1SxtrR7>

Fee per participant:

- ☒ Touristic Orienteering: 20 zł / 7 €;
- ☒ PreO – Elite 25 zł / 8 €;
- ☒ PreO – A – training course: 15 zł / 5 €;
- ☒ Both PreO and Touristic Orienteering: 10 zł / 3 € discount.

**Payments in PLN are accepted only via bank transfer.** Payments in EUR are accepted only in cash at the Event Center from foreign participants. The entry fee paid at the base in PLN, as well as for late registrations, will incur an additional charge of +50%.

BANK PEKAO SA

**91 1240 4272 1111 0000 4839 4990**

Oddział Polskiego Towarzystwa Turystyczno-Krajoznawczego Ziemi Gliwickiej,  
Rynek 11, 44-100 Gliwice

Purpose of payment: "Cyrkino - jesienne" + Name and Surname

(If a receipt is required, please inform us in advance)

## Benefits:

- ☑ Starter pack for each participant
- ☑ Snack and something to drink for each participant;
- ☑ Commemorative sticker;
- ☑ 2 points towards the Orienteering Badge for participating in the Touristic Orienteering and 1 point for participating in TrailO;
- ☑ Opportunity to submit Orienteering Badge booklets for verification (for higher levels – please inform us in advance)

## Fair Play:

From parking lot P2, it is possible to see several points from the PreO course. There is no way to avoid it other than closing the parking lot for participants, which we want to avoid. Competitors are asked to behave honestly and not to solve any tasks before their start.

The same situation with the possibility of seeing several points may occur when walking from the city to the event area.

Cooperation with others or the use of devices enabling communication or position tracking (other than passive route recording without viewing) is prohibited under the threat of disqualification!

## Closing remarks:

- ☑ Starting times will be assigned so that competitors who start in both disciplines, or those who need to travel a long way home will start in PreO earlier;
- ☑ The organizer holds liability insurance;
- ☑ Participants must arrange their own insurance;
- ☑ The organizer is not responsible for items left, lost, or damaged during the event;
- ☑ The event will take place regardless of the weather;
- ☑ No refunds will be given to those who registered but are absent from the event;
- ☑ Late registrations do not guarantee full benefits;
- ☑ Minors may participate only with the consent/supervision of parents or legal guardians;
- ☑ There is a free public restroom on parking P1, accessible for individuals with disabilities;
- ☑ The organizing team will make every effort to ensure that results are published in real time. However, it may happen that the final detailed results will be announced up to a week after the event on the website;
- ☑ The GDPR and image clause can be found on the website. By registering, participants confirm that they have read and agreed to them.
- ☑ Results from the Touristic Orienteering will be counted towards the 37 DOMINO classification





# TrailO

## Courses:

Participants start individually on one of the PreO courses:

### Elite:

Course length is approximately 1.5 km, with an expected number of 25-30 controls. There will be one time station before the course.

Classification will be conducted for Open and Para categories (available for disabled participants, in accordance with the Polish and IOF rules)

### A – training:

The course is shortened, featuring much simpler tasks, with around 10-15 controls. The map will also include basic hints for solving tasks. No classification will be conducted for this course.

## Terrain and map:

The competition will take place in a municipal forest area. It features minimal elevation changes and a very good network of paved roads and trails. The competition area includes an unusual terrain – remnants of an old shooting range.

Map:

- ☑ Name: Las Żorek – Tężnia i górki
- ☑ Scale: 1 : 3 000
- ☑ Contour interval 2 m
- ☑ Specification: ISSprOM 2019-2 rev. 6
- ☑ Mapped: autumn 2024
- ☑ Author: Adam Gruca



Course setter: Adam Gruca

Controller & Chief Arbiter: Agnieszka Ćmiel-Gruca

Previous map: Gliwice – Las Żorek – BnO

<https://orienteering.org.pl/pzos/attachment/download/392ddce0-c008-4323-8c55-529fd43aa725>

## Zero tolerance:

4 metry, no exceptions. All correct ZERO answers were measured before accepting control point.

## Rules:

Competition will be held according to IOF Competition Rules for Trail Orienteering and Polish rules: Przepisy Orientacji Sportowej PZOS z dnia 14.04.2023.

## Assistance:

Pushers and punching assistance must be arranged by the participants. Assistants wishing to participate under point XV.5 of the Polish regulations must submit and pay for a separate registration, indicating in the remarks whom they are assisting.

## Bulletin 2:

More info will be available in Bulletin 2 which will be released in the week before competition.





# Touristic Orienteering

## Courses:

Touristic orienteering will be held for teams of 1-3 participants in categories:

- ☑ TP – very easy, for beginners in orienteering;
- ☑ TT - easy;
- ☑ TU - intermediate;
- ☑ TZ - difficult

The course length will be proportional to the level of difficulty, but not longer than 5 km. More information will be provided in the technical bulletin the week before the event.

For foreign participants who would like to check Polish Touristic Orienteering for the first time, we recommend TT category. Those up for a challenge might try TU instead.

Touristic Orienteering is not suitable for people with disabilities, as it involves off trail walking.

## Terrain and maps:

The competition will take place in a municipal forest area with minimal elevation changes and numerous ditches. The terrain includes remnants of a shooting range, visible in the altered landscape.

Basemap:

- ☑ Name: Las Żorek
- ☑ Scale: 1 : 10 000
- ☑ Contour interval 2,5 m
- ☑ Specyfification: ISOM
- ☑ Mapped: autumn 2024
- ☑ Author: Agnieszka Ćmiel-Gruca

Additional maps:

Maps may include sections from various other maps and images, such as orthophotos or lidar scan visualizations.

Each course may receive an incomplete or modified map.

Course setters:

- ☑ Agnieszka Ćmiel-Gruca PInO 713;
- ☑ Maria Drabek.

## Scoring rules:

Teams will be assessed based on the scoring and competition rules for PTTK orienteering events, with the following changes in scoring:

- ☑ Missing control point (reduced from 90 to 45);
- ☑ Confirmed false point (reduced from 30 to 15);
- ☑ Change of point confirmation (reduced from 10 to 5).

Rules can be found here: <https://ino.pttk.pl/przepisy/przepisy.php>

Key rules:

- ☑ Best score is 0 and penalty points are given for various imperfections;
- ☑ Flags close enough to correct answer are considered as related points. If you confirm this point instead of proper one you will get 25 penalty points, but you won't be charged for missing a controll point;
- ☑ Flags far away from correct point are false points. If you punch one of those, you will get penalty points for both wrong answer and missing controll point (15 + 45 penalty points), so its much better to punch related controll point or no punch at all.
- ☑ You may encounter different types of map modifications (such as missing parts, mirror view etc.) , but all should be clearly described.